



### **WOULD YOU RATHER?**

Ask which one they prefer: Eat pizza or fish & chips? Skydive or bungee jump? Marvel or DC? Read the book or watch the movie? Drink coke or lemonade? Save money or spend it?

### **2 TRUTHS & A LIE.**

This one is exactly that- 2 truths and 1 lie. Each person has a turn to share 3 facts about themselves, 2 of which are true and 1 of which is a lie. The rest of the group has to guess which fact is in fact not a fact!

### **GOOD, BAD, & GOD.**

This one was introduced to us by our friends who run a young adults connect group. It's a good one for digging a bit deeper and finding out how someone's week has really gone. Everyone shares something good that's happened, something bad that's happened, and something God did or spoke to them about during the week.

### **FUN FACTS.**

Have everyone share the same fun fact about themselves. What was the first CD you ever bought? Favorite movie? If you were an animal what would you be? Dream job? Role model?

### **IF YOUR LIFE WAS A MUSICAL...**

...which celebrity would play you? What 3 songs would feature? Which actor would play your love interest?

### **PASS IT ON.**

In this ice breaker you pass a ball between each other. The person throwing asks a question and the person catching answers before passing it on to someone else, asking them a question. Questions could be about anything from family to school to future plans.

Another way of doing this is to write the questions on the ball. When someone catches the ball they read out the question under their thumb and share their answer with the group.

## **6 WORD MEMOIRS.**

Sum up your life in 6 words! This one is awesome to get your group thinking about the big picture and what impact their life has made so far. You could also follow it up with a 6 word prophecy- what kind of impact do you want your life to have in the future?

## **DEVOTIONALS.**

Ask everyone to share something they got out of their bible reading or devotional since you last met. For this ice breaker it's best to let your group know in advance so they can prepare for it.

## **Ice Breaker BINGO (Free Printable)**

**<https://www.flandersfamily.info/web/2012/12/08/ice-breaker-bingo-free-printable/>**

### **Whodunit?**

Players are given cards and asked to write an interesting fact of themselves on it. The cards are collected, shuffled and then passed out again.

Each person reads their card and makes a guess about who wrote it. After their guess, the guessed person replies with "yes" or "no."

If guessed correctly, the person explains what they wrote on their card. Play continues until all the cards are read. In the end, everyone reveals what they wrote.

### **String**

For this game, a large pile of string or yarn that has been cut to different lengths is placed in the center of the circle. Each player slowly draws a string from the pile and winds it around their index finger. The player must talk about him or herself until the string is pulled free from the pile.

### **My Name Means...**

In this game, the group is broken up into pairs. Each person has to come up with words or a phrase that describes their partner using the letters of that person's name.

For example, Alice- Adventurous, Likable, Imaginative, Colorful, Exciting. The words or phrases are shared with the group in order to match names with guests.

### **Worship**

**Never have I ever**

**Lay hands and pray over family pictures as a group**

**Write letters of gratitude to a support person**

**Catch phrase**

**Body part game (ie: find partner and touch your knee to their back, elbow to nose, etc, last two to find a partner are out)**

**“Who am I” (give them a them (ie: Disney) everyone write down a character on a sticky note and randomly draw one from the pile without looking and place on your head. Ask others yes/ no questions and try not to be the last standing)**

**4 on a couch game**

**Word search**